

Allergy Details (C=Contains M=May Contain)

Menu Items	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
Appetizers + Soups													
Calamari					C	C	M					C	M
Chicken Tenders + Fries	C	C				C					C		
Kobe Beef Meatballs	C					C					C	C	
Ahi Poke Stack		C				C	C	C	C				M
szechuan Beans						C	C		C			C	
Brussel Spouts	C										C		
Crispy Cauliflower	C					C						C	
Hot Wings + Dip						C	C		C		C	C	
Truffle Fries		C										C	C
Pork Burger Sliders	C					C					C	C	
Herbed Chicken Quesadilla						C					C	C	
Salads	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
Market Salad	C											C	
Side Market Salad	C											C	
Mediterranean Salad	C												
Wedge Salad	C										C		
Side Wedge Salad	C										C		
Caesar salad	C	C						C				C	
Add 1/2 Chicken Breast											C	C	
Add Prawns	M				C							C	
Add Salad Salmon								C					
Bowls	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
Thai Curry noodle Bowl						C	C					C	
Linguine + Meatballs	C					C					C		
Seafood Pasta	C	C			C	C						C	
Lettuce Wraps	C	C	C			C	C		C			C	
Seafood Risotto	C				C			C				C	
Mains (sides not included, shown below)	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
8oz steak	C	C									C		
10oz steak	C										C		
Chicken Breast	C									C	C	C	
Bacon Wrapped Chicken	C										C	C	
Halibut Entree	C							C				C	
Seared Steelhead	C	C						C				C	
Rack of ribs											C	C	
Asparagus													
Grilled Pork Chop											C	C	
Wild Mushroom	C											C	

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Mashed Potato	C											C	
Potato Salad		C											
Lamb Rack						C					C	C	
Sandwiches (add sides from below/salad section)	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
Tennessee Chicken Sandwich	C	C				C					C	C	
Steak Sandwich	C	C				C					C	C	
Fish + Chips		C				C		C					
Angus Beef Burger	C	C				C					C	C	
Angus Beef Burger (+cheese/bacon)	C	C				C					C		
Beyond Burger	C	C				C	M					C	
Chowder	C				C	C		C		C		C	
Sweets	Dairy	Eggs	Peanuts	Tree nuts	Shellfish	wheat	soy	Fish	Sesame	corn	animal fats	Garlic	Sulfites
Baked Doughnuts (w/ Sauce)	C	C	C			C							
New York Cheesecake	C	C				C							
Chocolate Lava Cake	C	C	C			C							
Apple Crostatas	C	C				C							